

in the details

For Drs. Mitchel Krieger and Andrew Goldberg, beauty lies in the details. With concierge-like service, patient education and heartfelt compassion as top priorities, the doctors offer a variety of surgical procedures, including blepharoplasty, facelift, breast augmentation and liposuction, as well as nonsurgical options and a line of Dr. Mitchel Krieger's Signature Skin Care products.

DR. MITCHEL KRIEGER

BOARD CERTIFICATION

American Board of Plastic Surgery
American Board of Surgery

MEDICAL DEGREE

Albany Medical College

PLASTIC SURGERY FELLOWSHIP

Walter Reed Army Medical Center, Washington, D.C.

AFFILIATIONS

American Society of Plastic Surgeons
American Society for Laser Medicine and Surgery
Fellow, American College of Surgeons
American Society of Bariatric Plastic Surgeons
National Capital Society of Plastic Surgeons

DR. ANDREW GOLDBERG

BOARD CERTIFICATION

American Board of Plastic Surgery
American Board of Surgery

MEDICAL DEGREE

University of Medicine and Dentistry of New Jersey

PLASTIC SURGERY FELLOWSHIP

UCLA Medical Center, Los Angeles, CA

AFFILIATIONS

American Society of Plastic Surgeons
Fellow, American College of Surgeons
American Medical Association
Medical Society of Virginia
National Capital Society of Plastic Surgeons

PROCEDURES PERFORMED

Abdominoplasty
Breast Augmentation/Reduction
Blepharoplasty
Body Contouring
Facelift
Liposuction
Aesthetic Injectables
Laser Tattoo Removal
Laser Hair Removal

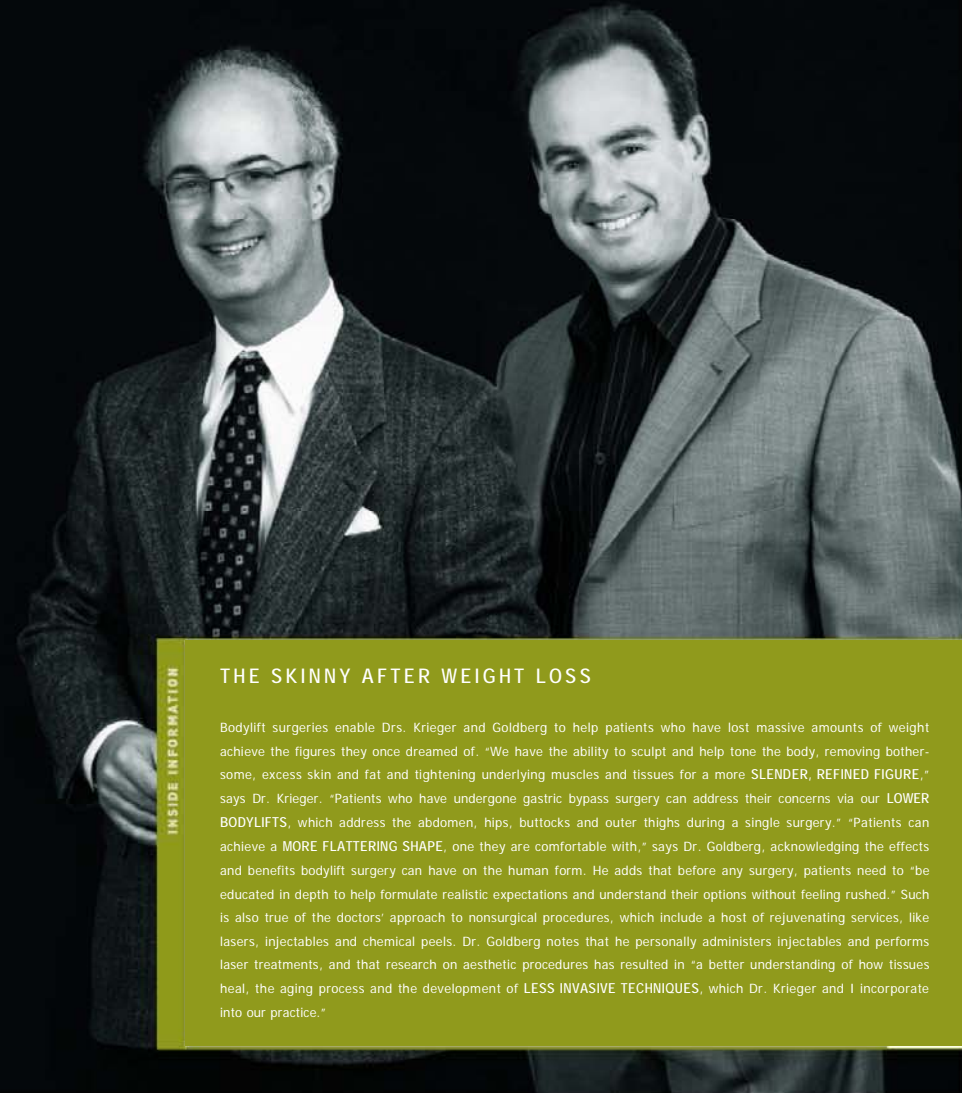
The doctors provide patients with "extensive details regarding all aspects of care," starting with preoperative visits, where goals and procedures are discussed in depth, and extending all the way through to postoperative care, in order to ensure proper healing. Throughout the experience, patients are always seen by their respective physician. "I feel it's important that I am the one patients see when they come for their postoperative appointments, as I don't believe in delegating what I feel are my responsibilities," says Dr. Krieger, who describes plastic surgery as "a challenging, rewarding and creative field." Similarly, Dr. Goldberg values listening to patients in order to match their desired surgery goals to their individual lifestyles. "I talk to patients to learn more about them and understand 'the big picture,'" he says. "Having a complete appreciation for what each patient is looking to achieve enables me to reach patients' goals safely, comfortably and in accordance with their visions." For pain management, "We identify patients' post-surgical comfort levels to stay ahead of any anticipated discomfort," says Dr. Krieger, who notes that some more extensive procedures can incorporate pain medication pumps for additional alleviation of pain.

With their practice conveniently located just minutes from Dulles airport, on the Fair Oaks Hospital campus, the doctors treat a wide variety of patients who come from near and far for their services. Dr. Goldberg describes the philosophy behind his and Dr. Krieger's practice as one that is based around a zeal for excellence. "We get to understand patients' histories so we can provide a tailored, optimal approach for their cosmetic plans," he says.

LOCATION
Fairfax, Virginia
703.264.0904

WEB SITE

www.virginiaplasticsurgery.com



INSIDE INFORMATION

THE SKINNY AFTER WEIGHT LOSS

Bodylift surgeries enable Drs. Krieger and Goldberg to help patients who have lost massive amounts of weight achieve the figures they once dreamed of. "We have the ability to sculpt and help tone the body, removing bothersome, excess skin and fat and tightening underlying muscles and tissues for a more **SLENDER, REFINED FIGURE**," says Dr. Krieger. "Patients who have undergone gastric bypass surgery can address their concerns via our **LOWER BODYLIFTS**, which address the abdomen, hips, buttocks and outer thighs during a single surgery." "Patients can achieve a **MORE FLATTERING SHAPE**, one they are comfortable with," says Dr. Goldberg, acknowledging the effects and benefits bodylift surgery can have on the human form. He adds that before any surgery, patients need to "be educated in depth to help formulate realistic expectations and understand their options without feeling rushed." Such is also true of the doctors' approach to nonsurgical procedures, which include a host of rejuvenating services, like lasers, injectables and chemical peels. Dr. Goldberg notes that he personally administers injectables and performs laser treatments, and that research on aesthetic procedures has resulted in "a better understanding of how tissues heal, the aging process and the development of **LESS INVASIVE TECHNIQUES**, which Dr. Krieger and I incorporate into our practice."