

PRE-PHOTOFACIAL (IPL) TREATMENT PROCEDURE

- Avoid sun exposure, sun-less tans, and tanning beds for 3-4 weeks prior to Photofacial treatments.
- It is recommended to discontinue aspirin and NSAIDs (Advil, Motrin, etc) 1 week before and 1 week after treatment.
- Clients must wait 2-3 weeks following dermal fillers before receiving a photofacial to the filled area.
- Clients may receive dermal fillers 48 hours after photofacial.

POST-PHOTOFACIAL (IPL) HOME CARE INSTRUCTIONS

- Apply cold (not frozen) packs every 15 minutes per hour until symptoms subside.
- Avoid anything that creates heat for 2 days (hot bath, sauna, exercise, etc.).
- Daily SPF 30, the sun has a profound effect following laser treatments. Unprotected or prolonged UV exposure can result in pigment irregularities due to increased melanocyte activity.
- Protect area from exposure to sunlight for at least one month following your photofacial treatment.
- Microcrusting can last 3 days to 3 weeks depending on area treated.
- Do not pick or scratch.
- A mild sunburn-like sensation may last up to 3 days.
- Avoid Retin-A, Benzoyl Peroxide, glycolics, astringents, and exfoliation for 7-10 days (perform a test spot prior to resuming these products).
- Please call our office at 702-264-0904 for blistering . Typically a topical antibiotic ointment such as Polysporin is applied twice a day until healed.
- For a history of cold sores, continue antiviral medication as prescribed by your physician.